

Daily Word



Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought, purpose, and understanding for the good of all humanity.

JUNE 20 to JULY 19

ILLUMINATION (11 a. m.): He hath put a new song in my mouth, and I radiate the light of life.

JULY 20 to AUGUST 19

ILLUMINATION (11 a. m.): Through Christ superstition no longer obscures my clear spiritual vision. I see with the light of the inner eye.

PROSPERITY (12 noon): I shout with joy as my prosperity forges into visibility.

PROSPERITY (12 noon): "The Lord IS my shepherd." "All things that the Father hath are mine."

HEALING (9 p. m.): I rejoice in songs of robust life and rippling health.

HEALING (9 p. m.): The sensations of the flesh no longer frighten me. I lay hold of Spirit life with mind and voice, and perfection appears.

DAILY WORD is nonsectarian, published monthly by the Unity School of Christianity. Single copies at 15c each may be obtained from Unity School and Unity centers. Subscription \$1 a year. Braille subscriptions are sent free to the blind who are familiar with Grade 1½. These gifts are made possible by love offerings.

Entered as second-class matter June 13, 1924, at the post office at Kansas City, Missouri, under the act of March 3, 1879. Additional entry at Lee's Summit, Mo. Accepted for mailing at the special rate of postage provided for in sec. 1103; act of Oct. 3, 1917, authorized June 13, 1924.

Vol.
Tur
Wh
I A
Poe

Cov
Cent

1.
2.
1.
3.
4.
5.
6.
7.
8.
9.

DAILY WORD

EDITED UNDER THE SUPERVISION OF SILENT UNITY

Vol. 49

JULY, 1948

No. 1

In This Issue

Turn on the Light— <i>William A. Clough</i>	- - - - -	2
What Is That to Thee?— <i>Martha Smock</i>	- - - - -	6
I Am Privileged— <i>A Silent Unity Worker</i>	- - - - -	11
Poems: Textbook— <i>R. H. Grenville</i>	- - - - -	Center
My Heart Is Like a Mountain Stream — <i>James Dillet Freeman</i>	- - - - -	Back Cover

Cover Photograph—*Eva Luoma*

Center Photograph—*Gregor from Monkmeyer*

DAILY LESSONS FOR JULY

- | | | |
|---------------------|-------------------|------------------|
| 1. Supply | 10. Christ Nature | 21. Prosperity |
| 2. Spiritual Law | 11. Giving | 22. Healing |
| 3. Protection | 12. Divine Order | 23. Surrender |
| 4. Independence Day | 13. Silence | 24. Unity |
| 5. Security | 14. Capability | 25. God's Voice |
| 6. Justice | 15. God First | 26. Patience |
| 7. Resurrection | 16. Love | 27. Relaxation |
| 8. Freedom | 17. Now | 28. Today |
| 9. Goodness | 18. Comfort | 29. Golden Rule |
| | 19. Peace | 30. Thankfulness |
| | 20. Illumination | 31. Guidance |

Turn on the Light

WILLIAM A. CLOUGH

DARKNESS ALWAYS disappears when the light is turned on. Your troubles and mine are darkness. The Spirit of Christ is light. The light is within. When we turn it on it illumines our whole being and darkness disappears.

I once heard a colored preacher tell a simple story illustrating the truth that God's light dissolves the darkness of human difficulty.

He said that he was in his church study one night preparing a sermon. He realized he needed a certain book that he knew was downstairs in the auditorium. He went down after it.

"When I opened the door to the sanctuary," he said, "it was pitch dark inside. Old Mr. Dark, he said to me: 'Man,' he said, 'I'm boss in here. I'm in charge of this place. If you come in here I'll hurt you, I will. I'll make you fall over benches and crack your shins and break your head. And I'll hide what you're looking for from you.'

"For just a minute," the preacher went on, "I stood there uncertain, for the switch was at another door. Then I looked up and saw a shaft of light coming from my open study door. I pulled a match from my pocket, and I said: 'You all can't

scare me, Mr. Dark. You're just a coward and a fraud. I know you aren't anything at all, 'cause I've got a light.' I struck my match, and Mr. Dark was gone."

Your trouble and my trouble, whatever it may seem to be, has no more reality than the darkness when the light is turned on, when we strike the match and faith flares up and glows. There was no more darkness over the face of the deep when God said, "Let there be light."

God, the heart and center and substance of the entire universe, is supreme goodness, perfect light. This to me is the basic truth. Being at the heart and center of all the universe, God is at the heart and center of you and me, of every living soul. Being supreme goodness, He endows us with goodness. Being perfect light, He causes all forms of darkness to fade before Him.

God has made everything good and intends all good for each one of us. Goodness is written into the law of life. There is restoration and security in God's goodness, complete and utter, when we accept it in faith.

Peter walked on the water when his faith was strong. When fear became stronger than faith in his mind he began to sink. This is the law. Walk on faith. Sink in fear. Faith is the substance. Fear is the shadow. Faith is the true light. Fear is false

darkness. In faith we lay hold on God's goodness and see by His light.

Do not be discouraged if your faith is not sufficient to take hold of God's good at all times. Do not be discouraged if what you are praying for, perhaps crying your heart out for, does not come right away. Keep on praying, keep on practicing, keep on believing. In spite of everything hold onto faith. Declare it whether you feel it or not. Gradually your faith will gain the power of God, and the light will go on.

Step by step you will climb over one difficulty after another until you reach the mountaintop of faith and stand in God's pure air, the master of every situation. In the light of faith your trouble becomes transparent and you see God behind the shadow. He is there, He has been there all the time, with His limitless good. That illness, that heartache, that despair of yours vanishes when you look through it to God.

There is one answer to all our questioning, one cure for all our ills. There is a master faith, the Master's faith, that takes care of every trouble large or small. I would hold to this faith, practice it, steadfastly believe in it.

I know that God never changes and that His good is never used up. He is always available to every one of us. We carry with us the wisdom and

the power of the Almighty. When we speak the word of Truth in faith the whole force of reality is in it. Our trouble vanishes before it like the darkness before the light.

Jesus Christ spoke the word, and every manner of hurt was healed instantly. The very nature of Christ is in you and in me. You and I are called to build our faith to match His faith.

You are praying for something with all your heart. Your prayer is actually a cry for happiness for yourself or for others. This is good. It is right that you should be happy, that all persons should be happy. God is on your side. He hears your prayer. He will answer it. Know this, believe it, trust in Him. Look through all obstacles to Him.

Refuse to be afraid. Refuse to be discouraged. Refuse to let your mind see reality in the unreal. God is over all and in all. God is with you.

Your comfort, your help, your cure is in Him. It cannot come from any other source. Trust in Him. Know that He will heal and restore you and be your strength forever. He loves you. Let Him have His way. Let it be your way. It is the way of joy and peace.

Ye were once darkness, but are now light in the Lord: walk as children of light (for the fruit of the light is in all goodness and righteousness and truth).

What Is That to Thee?

MARTHA SMOCK

I AM CONTINUALLY amazed to discover how very human the Bible is, how very human the stories of Jesus and His disciples are. For a long time the thought "*What is that to thee? follow thou me*" has been one that I have used when I found myself becoming disturbed by situations that were really outside of my own province. When I looked up the words in the Bible I thought, "Why, Jesus used them in the same sense that I have been using them!"

Jesus was talking with Simon Peter about the work that lay before him, but Peter, the apostle John relates, "turning about, seeth the disciple whom Jesus loved . . . Peter therefore seeing him saith to Jesus, Lord, and what shall this man do? Jesus saith unto him, If I will that he tarry till I come, what *is that to thee? follow thou me.*"

How often we are more concerned about what the other fellow is going to do than about what we know we should do. How often do we say, "But what about him?"

I grew up in a large family, and looking back, I wonder at the patience of my mother. I do not think she ever asked one of us to do something that we did not protest and ask why we had to

do it if the others did not. "Why do I have to dry the dishes when Esther doesn't have to?" "Why do I have to study? Ruth is going to a party." "Why do I have to eat my cereal. Priscilla didn't." And so on and on we went.

One of the most helpful lessons we can learn is to do what is before us to do without looking about to see what the other fellow is doing.

To learn to live our own life as well as we know how and to be willing to let the other person live his is one path to peace of mind.

It is really childish to fret about what another person does or does not do, especially if we let it keep us from accomplishing our own purposes.

Gossip is a cause of great inharmony and unhappiness in human relations; human beings are hurt and perhaps humiliated by some tale that is repeated and repeated about them.

If when we are tempted to pass along a piece of gossip we would stop and say to ourselves, "What is that to you?" we should find it easy to let the gossip die with us, to follow the Christ within, which is the very spirit of understanding and generosity and kindness itself.

Whether the gossip is true does not make any difference. It still is not our business to discuss unfavorably or unkindly another human being.

The "what-is-that-to-thee" attitude of mind

helps us to overcome envy. Many persons are envious of others. They cannot bear to see another person succeed. They look upon every accomplishment of another as a reflection on their progress.

If we find ourselves feeling envious of another person, if we find ourselves grudging in our praise of him, critical of his achievements, we need to remind ourselves, "*What is that to thee? follow thou me.*" What another person accomplishes or does not accomplish neither adds to nor detracts from our own accomplishment. We have our own talents, our own merits, our own power to achieve, and the expression of these is our only concern.

If every worker in every office could develop a "*what-is-that-to-thee*" state of mind, much inharmony and friction would automatically disappear. In many offices inharmony exists between the workers because everyone is minding everyone else's business. A competent worker is not happy in his work because the worker sitting at the next desk to his fritters away the hours. A promotion is given a person in the office, and the whole office force feels resentful toward the person chosen for promotion. A prompt worker resents the "*ten-o'clock-scholar*" worker. A quiet worker resents the noisy worker; the nonuser of the telephone resents the constant user of the telephone. The "*fresh-air fiend*" resents the

worker with the closed-window habit. The worker with every curl in place resents the breezes that blow from the electric fan.

Now the person in charge of an office needs to concern himself with such things, but as to the rest, for all their worrying and fretting, for all their criticism and condemnation, there is but one answer: "*What is that to thee? follow thou me.*"

If as children in a family we needed to learn that our business was to do the thing before us and not to worry about what the other children were going to do, as adult members of a family we need to learn this lesson even more. Many families are so concerned with the actions of all of its members that there is no peace left for any of them. "*Why is she doing as she is?*" "*What made John buy that big home on his income?*" "*Why doesn't Mary train her children better?*" Grownups, yes, but children still needing to learn to say, "*What is that to thee? follow thou me.*"

In-laws need to develop such an attitude even more, for they are suddenly thrown together in a family relationship whether they like one another or not. I know a mother-in-law who really maintains an attitude of unconcern as to the actions and conduct of her sons-in-law and daughters-in-law, and she is one mother-in-law who is much loved. She said once when someone was question-

ing her daughter-in-law's way of doing things that if her daughter-in-law wanted to put her kitchen stove in the middle of the living room it was all right with her. This mother-in-law follows in a practical way the idea "What is that to you?"

"What *is that* to thee? follow thou me." The last part of this statement is as important as the first, if not more so. If we were merely to shrug our shoulders mentally and say, "What is that to you?" we should be only half right. The clue to progress, to peace of mind, to happiness lies in the words "Follow thou me."

To follow the Christ is to follow the divine leadings from within, the promptings of Spirit that come to us when we pray, the divine instincts of love and compassion and understanding. To follow the Christ is to follow our highest self rather than our lesser self—our highest self, which is wise and forbearing, which is capable, which is victorious in all things. "Follow thou me" is the call of the great soul that we are in Truth; it is the call of the Christ within.

When we compare the things that disturb us and upset us with the power of the Christ within us we see them for what they are—nothing. We can say, "What is that to you?" and answer truthfully, "Nothing."

"What *is that* to thee? follow thou me."

I Am Privileged

A SILENT UNITY WORKER

I AM PRIVILEGED! I am a Silent Unity worker. I serve you, and I love this service. When I read your written words, when I receive your telegrams, when I hear your voice calling on the telephone, my first thought is about you. I think of you as God's child. I understand your need and your circumstances, but I do not fetter you with your need, I do not bind you to your circumstances. I know you to be God's child.

I am privileged to pray for you and with you about your needs and the needs of those whom you would help. It is my privilege to ask for God's good and wonderful will to be done in and through you, in and through all who ask. It is my privilege to help you to receive your answer, whether it be by letter, by wire, by word of mouth, or simply by a blessing.

There are many details involved in my serving you, and I consecrate my hands and intellect as I handle these details. I have need of much inspiration as I answer your letters, so I consecrate my mind and heart anew every day. I have a need for much keeping close to God, so I re-dedicate myself each day to the will and work of the Father.

No matter how much prayer, thought, love, and time I give to you, your blessings on me and on this work are so great that I can never be an empty vessel. Your letters telling of seemingly miraculous healings, of homes that have been re-established, of guidance that has led into right work, of the protection of your loved ones are a continual source of inspiration and strength to me. I, the servant, am served. I who would bless am the blessed.

I am indeed privileged.

Serving you is my happiness. Helping you is my joy. Inspiring you is my inspiration. Praying with you is my fulfillment.

TOGETHER IN UNITY

You may feel, as so many people do, that in addition to reading the Unity literature you would like to hear the Unity principles explained by one trained in the Unity teachings as well as to meet with other sincere Truth students. There are Unity centers in nearly all the large cities, and the leaders of these centers have received training at Unity School.

A list of the official Unity centers is given in *Unity* magazine; or for the location of your nearest Unity center write to the Field Department, 917 Tracy, Kansas City 6, Mo.

JULY 1

Thursday

I ACKNOWLEDGE GOD AS THE SOURCE OF MY SUPPLY, AND I KEEP MY MIND FILLED WITH THOUGHTS OF PLENTY.

IF I NEED a job, if I need to find a place to live, whatever my need, I stop right now and acknowledge God as the source of my supply.

When I acknowledge God as the source of my supply I immediately tune in to the only source of supply there is, the great power that can bring the answer to my prayer. I make contact with the very source of my supply and become a ready channel through which my good can come to me.

If I need work I affirm: "God is guiding me to my right work, where I can serve and receive richly." If I need a place to live I affirm: "God is guiding me to my right place." If I want to sell property I affirm: "God is guiding me to the right buyer for my property."

Whatever my need, I fill my mind with positive, prosperous thoughts, and my need is met in the way that meets all my requirements.

I acknowledge God as the source of my supply.

• *My God shall supply every need of yours.—PHIL. 4:19.*

THE POWER OF SPIRIT IS SUPREME IN MY LIFE AND AFFAIRS.

ALTHOUGH I may think that circumstances or the acts of other persons have a determining influence on my life and happiness, this is not true. The only real power governing my life is Spirit.

God is Spirit, and His creation is spiritual. The law of the universe is a spiritual law. The law of my life is spiritual. By holding to this truth in my thought I can learn to live victoriously, for I shall literally be taking hold of the hand of God.

I affirm the Truth: "The living Spirit of the almighty God is in me, is my life. By its power I am able to rise above all negative circumstances. I know that there is no power in anything but God."

My thought builds my spiritual consciousness. I think the Truth about myself and about life, and I gain spiritual control of my life and affairs.

The power of Spirit is supreme in my life and affairs, so I know that there is nothing for me to fear.

• *God is Spirit: and they that worship him must worship in spirit and truth.—JOHN 4:24.*

JULY 3

Saturday

MY TRUST IS IN GOD, AND I AM UNAFRAID.

MY TRUST is in God, and I am unafraid. This I affirm, this I know now and forever. Come what may, I shall not be dismayed, I shall not doubt or fear, for I know that God is good and that His purposes are good.

Wherever I am God is, for God is in the midst of me. I am His dwelling place, and His dwelling place can neither be hurt nor destroyed.

When humanly I am assailed by fear—fear of loss or accident, fear of my ability to meet some impending crisis—I strengthen my trust in God by turning in thought to the realization of His presence, by remembering that I am in Him and He is in me. Humanly I may have doubts and fears, but in my divine self I have full courage.

My trust is in God, and I am unafraid. Wherever I go, whatever I do, whomever I meet, God is with me, and so I meet my good.

Day and night I am infolded in a sense of security; I feel God's divine protection ever with me. My trust is in God, and I am unafraid.

*In God have I put my trust, I will not be afraid;
What can flesh do unto me?*

—PSALMS 56:4.

ALMIGHTY FATHER, LIFT UP MY HEART AND MIND THAT I MAY SERVE YOU.

ALMIGHTY Father, lift up my heart and mind that I may serve You. Give me the courage to do the things that come to me to do. Keep me from downheartedness. Give me the wisdom and the joy to keep the hearts of those around me lifted. Give me willingness to share in the common responsibilities.

To You I intrust my life, my country, and my ideals. I am but trying to fulfill Your will the best I know how. I work not to destroy but to preserve the good, not to enslave others but to liberate the enslaved in all lands. The victory for which I pray, which I try to serve, is the victory of all humanity.

Let me not fail in my faith in the dignity of the human spirit. Let me not falter in the vision of a nobler, kindlier way of life. Let not the love of freedom fade from my heart.

Lord, lead me on to the tasks that lie ahead of me, to the labor of uniting the nations of the earth, to the peace founded not on force but on the mutual respect of free men. Amen.

• *He . . . is the Lord's freedman.—I COR. 7:22.*

JULY 5

Monday

I PLACE MYSELF AND ALL MY AFFAIRS LOVINGLY IN THE CARE AND KEEPING OF GOD. I KNOW THAT THAT WHICH IS FOR MY HIGHEST GOOD WILL COME TO ME.

IF I FEEL insecure at any time I repeat these words and keep them uppermost in my thoughts: "I place myself and all my affairs lovingly in the care and keeping of God. I know that that which is for my highest good will come to me."

God has given me a wonderful mind. My thoughts determine what my life is to be. If I allow worry and anxiety any place in my thoughts I weaken my ability to handle my affairs as a true child of God.

Whatever my need I place it in God's care. I remember to keep my mind positive and filled with strong, courageous, trusting thoughts.

I place myself lovingly in the care of the Father. Thus I build a lively faith in Him and allow the flow of His love and grace to pour into my life. The experiences and blessings that are for my highest good come to me.

• *Have this mind in you, which was also in Christ Jesus.—PHIL. 2:5.*

I HAVE FAITH IN THE LAW OF DIVINE JUSTICE
AT WORK IN MY LIFE AND AFFAIRS.

IF I FEEL that the world is against me, that everything I do is wrong, that I am unjustly treated by my family, friends, or employers I need to become still and by my prayers and thoughts to set the divine law of justice into activity in my mind and life.

Most of us have more trouble with ourselves than we have with anyone else. Before I can have justice in the outer I need to work definitely in the inner realm of my mind and know for a certainty that no one can treat me unjustly.

If I harbor thoughts of greed, fear, and hatred, if I believe that other persons can treat me unfairly and unjustly I deny my faith in the divine law of justice. If I will realize that the Spirit of God lives in me and that it can be depended upon at all times I shall find order and divine justice being established in my life and affairs.

* Turn thou to thy God: keep kindness and justice, and wait for thy God continually. . . . for the ways of Jehovah are right, and the just shall walk in them.
—Hos. 12:6, 14:9.

THE RADIANT RESURRECTING ENERGIES OF
SPIRIT ETERNALLY PERMEATE MY BEING.

SCIENTIFIC investigation of the present day is giving more and more attention to the radiant energies that permeate what we often misname empty space. Everywhere in the universe that presses about on all sides there is a dynamic energizing activity, an infinite ocean of healing life in which we "live, and move, and have our being." Not only does it press about us but it also permeates and penetrates all material objects, including our bodies. As Whitman wrote, "it flows into us, and we are rightly charged."

When we affirm our oneness with this life-giving radiance, it is manifested as inexhaustible energy and strength, complete bodily healing and renewal, a sense of spiritual buoyancy that gives the body grace and lightness, and an all-over feeling of joy in being alive and of love for all things that live.

Even as electricity causes the lamp bulb to glow so this omnipresent spiritual energy animates your body with its free-flowing, resurrecting current of life.

• *It is the spirit that quickeneth.—JOHN 6:63 (A. V.).*

TODAY I AM SET FREE FROM EVERY PRISON THAT HAS KEPT ME FROM MY PERFECT GOOD.

FROM THIS DAY forth the prison doors of negation, fear, hatred, jealousy hold me back no more. I claim my sonship and go forth free. Divine love pours through me, renewing my confidence, dissolving old chains of bitterness, cleansing me of fear and indecision, and restoring my very life.

If I have been held back from my good the prison walls have been of my own making, forged by deep-seated negative habits of thought and welded by petty selfishness. I see myself now freed from these habits, freed by at-one-ment with God and the laws of the universe. Through God I am now free, and I praise and give thanks that this is true.

My freedom and my resulting inner security are founded on the rock of God's omnipresence, omniscience, and omnipotence. I am free from every negative consciousness—disease, poverty, ugliness, inharmony. I am free from this day forward to eternity, with prayer the guardian of this freedom and spiritual growth the only requirement.

• *The Lord . . . opened the prison doors.—ACTS 5:19.*

JULY 9

Friday

MY FAITH IS IN THE GOODNESS OF GOD.

THERE IS joy in my heart because I know that God is good and that I am made in His image and after His likeness. There is peace in my heart because the love of God is present in all the world to bless mankind in every good undertaking.

Because I recognize the goodness of God throughout His creation, I am free from suspicion, fear, and doubt. I have confidence in the goodness and godliness of those with whom I daily come in contact, and only the best in them is brought out by my words and thoughts of them. I deal justly, and I am justly dealt with. I radiate love and friendliness, and love and friendliness await me on every hand.

I am not blind to the appearances about me, but I know that there is a pattern of perfection existing in and through all that is unchanging. Where lack seems to be I declare abundance, for in God there is no lack.

I live in joy and peace, knowing that good will come forth out of every situation and experience.

• *Rejoice, and be exceeding glad.—MATT. 5:12.*

I PRESS ON TOWARD THE GOAL OF BECOMING
WHAT I AM IN MY CHRIST NATURE.

DO YOU feel disappointed when you compare your life and your achievements with those of other persons? Whatever your reactions are, such comparisons are unwise and unworthy of the Christ Spirit in you. Innate in you is the pattern of your own perfection, the Christ nature that will, if given free expression, exalt you to new heights of joy, accomplishment, and successful living.

Let all comparisons of your present achievement be made only with what you are capable of becoming and doing. If you are inclined to measure your life by that of another, to wish for the fame or greatness or happiness or success another has attained, listen to the voice of your indwelling Christ: "What *is that* to thee? follow thou me." Then seek earnestly to follow Him. Pray much, stay with your inspirations, and you will inevitably become what you are in your Christ nature: the strong, free, intelligent, loving, successful child of God.

• *Till we all attain . . . unto a fullgrown man.—EPH. 4:13.*

I GIVE JOYOUSLY AND FREELY OF ALL THAT I AM AND HAVE.

ONE OF THE most exacting laws of life is that we cannot get something for nothing. In one way or another we must always give full value for all that we receive.

We are wise if we early heed the teaching of Jesus Christ, "Give, and it shall be given unto you." The quickest and surest way to enrich life to the fullest extent is to give joyously and freely and lovingly of ourselves.

It is easy for most of us to give of our possessions, but it is when we give of ourselves that we truly give. Love, patience, kindness, understanding, good cheer, helpfulness, neighborliness —these are the things most needed in the world today and always. To withhold these blessings is to make life small, stingy, unhappy, and unfruitful. To give is to honor man and glorify God. Whoever gives most receives most, and whoever freely observes the law of giving and receiving lives most fully, because the observance of this law is the most rewarding and enriching of all spiritual practices.

* *Freely ye received, freely give.—MATT. 10:8.*



Textbook

R. H. GRENVILLE

Nature is God's own textbook. On this page
Great men have read awhile and gone their way
Illumined. Written on a blade of grass
Are truths too mighty for the tongue to say,
While every rose unfolds a poem in air,
And not a leaf in all the vigorous wood
But bears the secret signature of Him
Who fashioned it with love and called it good.





DIVINE ORDER AND HARMONY ARE NOW ESTABLISHED IN MY MIND, BODY, AND AFFAIRS THROUGH THE POWER OF THE INDWELLING CHRIST.

THIS IS AN affirmation that has been used and recommended by Silent Unity for many years. Wherever there are confused and troubled affairs Silent Unity sends out a thought of divine order and harmony. We continually receive letters telling us how things seemed to right themselves when this affirmation was persistently made in the face of appearances.

If there is confusion in your affairs, if you seem out of tune with your environment, if there does not seem to be time enough to accomplish the things you need to do, take this thought for yourself.

Know that the power of the indwelling Christ establishes perfect order first of all in your thoughts and emotions. When your thinking is clear and true you see how to handle all problems wisely, lovingly, and successfully. Thus is divine order established in your affairs.

• *His divine power hath granted unto us all things.*
—II PET. 1:3.

JULY 13

Tuesday

I SPEND A QUIET TIME WITH GOD IN THE MORNING, AND MY WHOLE DAY IS BLESSED.

AT THE beginning of this day I sit for a little while in quiet meditation. I let go of the thoughts of yesterday's mistakes and of all anxieties about tasks and problems ahead. I open my mind and heart to God in this peaceful solitude.

In this morning hour I feel a sense of inner confidence and peace that I know is God's voice speaking. He is bidding all disturbances to "be still."

I feel a strength and power flowing into my being that I know come from the limitless abundance of God's power. From this morning time of quiet I take spiritual nourishment sufficient to keep me strong and steadfast through the day. I am fortified to meet all problems with calm confidence.

Christ breaks bread with me at the morning hour, and I am able to do all needful things during the day through His sustaining presence.

*Oh satisfy us in the morning with thy lovingkindness,
That we may rejoice and be glad all our days.*

—PSALMS 90:14.

I LET THE CAPABLE SPIRIT OF CHRIST CONTROL MY WORLD THROUGH ME.

THE EFFICIENT, all-capable, all-knowing Spirit of Christ is the animating presence that breathes in and through my being. He knows no defeat, so if I trust in Him I cannot fail. He leads me in paths of righteousness, so if I seek His guidance I cannot make mistakes. He is my ability to do things, my strength to persevere, my inspiration to make decisions.

Not only does Christ direct the affairs of my life if I put my trust in Him but His loving intelligence, which permeates my body, regulates all its functions. He knows the particular adjustment, harmony, restoration, purification that my body needs. He quickens my discrimination concerning the foods that best suit my requirements and my development, and from within and from without He brings me definite guidance concerning my thoughts and actions.

I let the Christ Spirit control my entire life, mind, body, and affairs, and I am blessed with wholeness.

• *I will instruct thee and teach thee in the way which thou shalt go.—PSALMS 32:8.*

JULY 15

Thursday

TODAY I CALL ON GOD FIRST, NO MATTER
WHAT THE NEED.

I FIND COMPLETE security in the midst of insecurity—of rising prices, high divorce rates, crime—when I establish the habit of turning first to God with each problem. It is easy to try every material source of aid before turning to God! Yet if I turn first to God the problem appears different, and needed material aid appears at hand as if by magic. But what seems magical is really only the working of universal law. "Seek ye first his kingdom, and his righteousness; and all these things shall be added."

If my problem is health I turn to God, seeking oneness until my heart is at rest and I can then turn to physical action. If human relations are discordant I see each person infolded in the harmonizing love of God; then I make my own peace, even though I may not feel I am at fault. If money seems insufficient I bless every penny that comes to me, I bless every penny that I spend, knowing that God has an abundance for my every need.

• *And it shall be, that whosoever shall call on the name of the Lord shall be saved.—ACTS 2:21.*

TODAY I EXPRESS GOD'S LOVE.

TODAY I express God's love. I know that the world has more need of love than of anything else. Love is my gift to the world; love is a contribution that I am well able to make.

As I walk among my fellow men I let a deep understanding fill my heart. I am directed by God's wisdom, and I see my neighbors' actions in a different light than formerly.

I have compassion for all. My heart is forgiving, and I hold no resentment, no bitterness. I feel only the warmth of love in my heart toward all persons.

I am strengthened, poised; confidence permeates my being. With love in my heart I know that I can better serve my fellow men.

As I share my love my own world is more harmonious, more full of joy, for I cannot bless others without at the same time receiving a blessing.

I know that as I live my life in love I increase in soul stature and show forth more of God.

• *Love one another, even as I have loved you . . . Ye are my friends if ye do the things which I command you.—JOHN 15:12, 14.*

JULY 17

Saturday

THIS MOMENT IS MINE; IT SHINES WITH GOD.
I AM FREE AND HAPPY IN IT.

THIS MOMENT is mine, all mine, and it is alive with God.

I partake of His infinite love in this moment. His full forgiveness, His promises, all His boundless supply are in it. God gives me a new moment constantly. I live in an everlasting now where neither past nor future can touch me. The present moment is mine. It is abounding in opportunity.

This present moment is filled with happiness, health, freedom. I am a child of God now. His Spirit is with me now. I can do all things now, and now never ends.

I do not look backward with longing or regret. Yesterday is gone forever, and the slate is clean today. I do not look forward eagerly and long for some new adventure. I rejoice and am glad in the golden, glorious moment that is mine now. I make it count. I know that the loving, forgiving, guiding God is in it.

This moment is mine; it shines with God.

• Now are we children of God, and it is not yet made manifest what we shall be.—I JOHN 3:2.

GOD HEALS MY HEART OF SORROW AND GRIEF. I REST IN HIS PEACE, AND I AM COMFORTED.

"**Y**EA, THOUGH I walk through the valley
of the shadow of death,
I will fear no evil; for thou art with me." These strengthening words from the 23d Psalm help us to rise out of sorrow.

Let us place our hand in God's and accept the help He offers us. We are never alone, never separated from Him. Let us take the words "Thou art with me" and think about them as we go about our daily activities.

Grief and sorrow cannot overwhelm us if we persevere and refuse to let our thought linger on our seeming trouble.

Day by day as our vision is cleared we shall live more in harmony with God, and peace and comfort will be ours. Confidently and trustingly we can walk through the "valley of the shadow" and come through to the glorious place of light where we find peace and freedom and comfort in our heart, mind, and soul.

• *Jeboah is nigh unto them that are of a broken heart.*
—PSALMS 34:18.

JULY 19

Monday

THE PEACE OF JESUS CHRIST DWELLS IN MY
HEART. I RADIATE PEACE AND GOOD WILL
TO ALL THE WORLD.

"**P**EACE I LEAVE with you." This is a divine promise. We have the peace of Christ with us always, for His peace lives within each human heart.

When we turn to Christ in prayer, when we are willing to let good thoughts and feelings rule our life, we find the spirit of peace in our heart, we feel the presence of Christ, and nothing in all the world can take this peace from us. No person or thing or circumstance can interfere with our consciousness of peace when we are aware of Christ's presence of peace.

"Blessed are the peacemakers: for they shall be called sons of God." As we dwell on these words we become aware of our divine sonship; we realize that we are in truth peacemakers, that through our peaceful and loving attitude of mind and heart we help to establish peace for all the peoples of the earth.

As the peace of Jesus Christ fills our heart we radiate peace and good will to all the world.

• *That in me ye may have peace.—JOHN 16:33.*

THROUGH CHRIST SUPERSTITION NO LONGER OBSCURES MY CLEAR SPIRITUAL VISION. I SEE WITH THE LIGHT OF THE INNER EYE.—UNITY ILLUMINATION THOUGHT.

THE LIGHT of Truth frees us from superstition. We no longer fear so-called ill omens, like broken mirrors, black cats crossing our path, and Friday the 13th. We perceive that God alone is the power that guides and directs our life. Since He is good, nothing that is unlike good or seemingly opposed to good can have any power over us except as we give it power through our belief in it.

The tremendous expansion in our scientific knowledge has helped to wipe out many widespread superstitions by revealing that they are based on false assumptions. As Truth students let us rejoice that the spiritual vision of men is growing more clear. Where once man could see only darkness now he is beginning to see light, "the true light . . . which lighteth every man, coming into the world." Let us rejoice that the true light is come.

• *Arise, shine; for thy light is come, and the glory of Jehovah is risen upon thee.*—ISA. 60:1.

JULY 21

Wednesday

"THE LORD IS MY SHEPHERD." "ALL THINGS THAT THE FATHER HATH ARE MINE."—UNITY PROSPERITY THOUGHT.

As you affirm these words today, know that they are as true for you this moment as they were for the illumined individuals who first uttered them. For the Lord, the Father, is a God of infinite goodness, a God of love and abundance, whose blessings are continually showered upon you. All things that He has are yours to claim and to enjoy to the degree that your faith is great enough to call them forth into manifestation for you.

The truth that God is your abundance has often been overshadowed by a belief in the reality of lack and a fear that there would not be supply sufficient to meet the need.

Declare this moment your freedom from lack and a belief in lack. Turn your thoughts to the contemplation of plenty; affirm your faith in the prospering power of God and prepare to accept "all things" that are yours through His infinitely great bounty. Give thanks now for your new realization of God's infinite supply.

• *All things that are . . . thine are mine.—JOHN 17:10.*

THE SENSATIONS OF THE FLESH NO LONGER FRIGHTEN ME. I LAY HOLD OF SPIRIT LIFE WITH MIND AND VOICE, AND PERFECTION APPEARS.—UNITY HEALING THOUGHT.

GOD'S SPIRIT of life dwells within me. His Spirit is the perfect essence of being, the life that is "without spot," "without blemish," a warm and comforting presence that blesses me with healing for every ill of mind or body.

If I appear to have symptoms of some physical disorder, or if I am afflicted with pain, I am not alarmed or upset.

I do not let my fears bar out the healing, soothing presence of Spirit. Instead I declare my willingness to receive healing. I welcome the renewing, restoring activity of Spirit.

I affirm my faith in the power of Spirit life that is mighty to heal my body and mind. I lay hold on this life with my mind and voice, and as I continue steadfast in my faith perfection appears.

I am made whole in every part through my fearless affirmation of Truth.

◆ *O man of God . . . follow after righteousness, godliness, faith, love, patience, meekness. . . . lay hold on the life eternal, whereunto thou wast called.—I TIM. 6: 11, 12.*

JULY 23

Friday

I SURRENDER MYSELF TO THE SPIRIT OF CHRIST
IN ME, WHICH KNOWS NO LIMITATION.

I DO NOT ever resign myself to my fate, but rather I surrender myself to the Christ presence that knows no limitation or defeat. If there are any traits in my personality that seem to get in the way, I turn to Christ in faith and let Him transform these traits into something fine.

I do not give in to feelings of inadequacy and inferiority, but I put my trust in the Christ, who can open prison doors. It is not what I was born that determines what I can be and do but what I was created, the image and likeness of God. My possibilities are as limitless as my Christ potentialities. No circumstances or conditions can stand in the way of my faith and the transforming power of Christ.

The all-conquering, all-healing, all-transcending Spirit of Christ is within me even as the oak tree is within the acorn. Nothing can prevent the oak tree from expanding beyond the confines of the acorn shell when planted in the right soil. So it is with my Christ nature when it is nourished in faith.

* *Thou shalt be called by a new name.—Isa. 62:2.*

THE PRAYER OF THE CHRIST SPIRIT IN ME IS A PRAYER FOR ALL PEOPLE EVERYWHERE.

WHEN I PRAY the prayer that Jesus taught His disciples, saying, "Our Father," I am including in these two words all mankind in one great brotherhood. I am acknowledging the spiritual oneness of all. I am accepting the glorious truth that the Christ Spirit in me is one with all and with the Father.

I thank God with my whole being for this sense of unity. I feel at home in the universe, at home with all my neighbors, and at home with God. My love embraces all, for it is born of the universal Father love and is of its very nature.

I see God's changeless law applying to everyone alike. Through the eyes of my teacher and Saviour Christ I see everyone alike, regardless of differences in thought and act, regardless of appearances of evil or of good. I see the same deathless Spirit in myself and in all.

I realize that it is our Father's will and purpose to guide all His children into His kingdom of love. I realize that my purpose is to work joyously with Him.

• *We have one Father, even God.—JOHN 8:41.*

TODAY I GO QUIETLY, LISTENING FOR THE VOICE OF GOD, GLORIFYING HIM IN MY WORK.

THE CHILD Samuel heard a call in the night-time, and he answered, "Here *am* I; for thou didst call me." When he knew that the Lord had called to him he said, "Speak, LORD, for thy servant heareth."

I will be quiet within my soul this day. No irritation, no anger, no doubt, no fear will I let intrude into my quiet sanctuary. Here I will walk before Him, studying to be quiet, to do my own work that the Lord in my soul may guide and direct me. I say in the silence: "Here am I." "Speak, Lord, for thy servant heareth."

I am now still in mind, body, and spirit. Before Thee I wait. With full devotion I wait upon Thee. I may seem to be serving others but in truth I am serving Thee, Jesus Christ, my Saviour, and in thus serving Thee I am serving the Christ in each soul. I find Thy love filling my heart for all mankind, Thy life quickening my body, Thy wisdom lighting my mind, Thy glory filling my soul. I am still with Thee.

• *Speak, LORD, for thy servant heareth.—I SAM. 3:9.*

BECAUSE I KNOW THAT GOD'S POWER IS AT WORK IN MY LIFE, I AM JOYOUSLY PATIENT.

EVEN IF THE good for which I have been praying has not yet manifested itself in my life, I am not discouraged or doubtful. Even as the resurrecting spring activity incessantly gathers its creative forces beneath the frozen ground and heavy snows of winter so do the healing energies of Spirit work within me. My faith and patience are needed to melt the frozen patterns of negation so that the good already present in me may come forth. Moment by moment the illuminating presence of Spirit in me is dispelling more and more of the darkness of consciousness that has held me back. Moment by moment the life of God that permeates each cell of my being is renewing me from glory to greater glory. My good is not in the future, but it is present within me now, simply awaiting my recognition of it and my identification with it.

I rejoice now that my victory is assured. The healing power of Spirit is at work in me.

• *The proving of your faith worketh patience . . . let patience have its perfect work, that ye may be perfect and entire, lacking nothing.—JAMES 1:3, 4.*

JULY 27

Tuesday

I RELAX IN THE REALIZATION OF THE CHRIST STRENGTH WITHIN ME, AND I AM RESTED IN BODY AND MIND.

AFTER A particularly busy and exacting day we like to drop into a comfortable chair and rest. But sometimes this does not rest us, for we mentally hold onto our tenseness and sense of weariness.

There is a way to find rest for both mind and body anywhere at any time. It is to let go of all anxious, worried thoughts and to enter into the secret chamber of Spirit and relax there.

We can do this by becoming still and saying: "I am Spirit. There is no tiredness in Spirit. The Christ within me is my strength. I am relaxed and rested and refreshed. My mind and body are filled with the inexhaustible strength of Spirit."

In affirming our Christ Spirit we deny the power of any external effort or condition to weigh us down. We relax in the realization of the Christ strength within us.

¶ Come unto me, all ye that labor and are heavy laden, and I will give you rest. . . . ye shall find rest unto your souls. For my yoke is easy, and my burden is light.—MATT. 11:28, 29, 30.

THIS DAY IS A GOOD DAY, FOR IT IS OF GOD.

TODAY IS God's gift to me. It is a good day, for it is of God. I shall follow God's guidance this day as it comes to me from within and without.

The hours in this day are mine to use. Each hour can bring me happiness and joy if I use its minutes wisely.

This day itself is a blessing. The nearness of God is revealed to me at the beginning of this day.

With "mine eyes . . . ever toward Jehovah" I shall go forward to my greatest good and happiness today.

I shall not look backward at the weariness or grief of yesterday. I shall go forward into today's goodness, taking with me only the good from my past experiences that will make today a more shining, a more purposeful time.

The doors of my heart stand open today to the blessings of God. I am ready to receive them. I am eager to use them. I am deeply grateful for them.

*Mine eyes are ever toward Jehovah.
For he will pluck my feet out of the net.*
—PSALMS 25:15.

JULY 29

Thursday

I DO UNTO OTHERS AS THE SPIRIT OF CHRIST
ETERNALLY DOES UNTO ME.

EVEN AS Christ understood and forgave all those who came His way so do I endeavor to express a similar kindness of spirit toward every person who enters into my experience or into my thoughts. I look deeper than the surface appearances, the weaknesses, and the inadequacies in others, even as I would have them look beyond my faults and mistakes to the good I desire to express. If others slip and fall, I think of Christ, whose love lifted Peter when he sank in the water, and I combine prayer and kindly action in helping them on their feet again. If the unthinking commissions or omissions of others cause a sense of hurt feelings, I melt these mists of misunderstanding with a steady outpouring of love to the Christ Spirit in them. If another person is being criticized and condemned, I remember the words of Jesus: "He that is without sin . . . let him first cast a stone."

I lovingly embrace all humanity in my moments of prayer.

• *If God so loved us, we also ought to love one another.*—I JOHN 4:11.

I THANK GOD FOR THE BLESSED PRIVILEGE OF WALKING WITH HIM EVERY HOUR OF THE DAY.

I THANK God when I awaken in the morning for a new day of opportunity to live with Him. I thank God for the beauty and benefits of every kind of weather. I thank Him for strength to meet and overcome every difficulty.

I thank God throughout the day for His constant help in guiding my every thought and act. I thank Him for kindly understanding when I falter and for the strong, firm hand He reaches out to lift me with when I fall. I thank Him for His full forgiveness.

I thank God at the end of the day for making the hours happy and fruitful.

I thank Him for the health He has poured into my body and mind.

I thank Him for the quietness of spirit that is mine as I meet sleep trustingly.

I thank Him for the blessings of today. I thank Him for the promise of tomorrow.

• *Our Father who art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done, as in heaven, so on earth.—MATT. 6:9, 10.*

JULY 31

Saturday

DIVINE LOVE OPENS THE WAY BEFORE ME.
MY PATH IS MADE PLAIN, AND I KNOW WHAT
TO DO.

TODAY I need guidance. I need to know what is the right way for me; I need to know what to do next, how to take the succeeding steps. So I will let go of all worry or planning; I will be still in mind and body. Then I will listen for the inner voice to direct me. The inner voice speaks to me as thoughts, and when I get still and let go I receive my guidance. Then with faith I act on that guidance.

The guidance I receive may be to express love in some way, to help someone, to put an advertisement in the newspaper, to go to see someone. I know that though I may not always see the way, God's ways are higher than my ways. He knows how to open the way where there seems to be no way.

I will do my part with a joyful, unquestioning, expectant heart, thereby opening the channel for God to help me. I will take the step before me, and if I need guidance for the next step I will get still and listen again until I know what to do.

• *Jehovah will guide thee continually.—Isa. 58:11.*

A Report on the Unity Temple.

Since the announcement about the need for funds for the completion of Unity Temple appeared in *Daily Word* in May, we have received thousands of letters from Unity friends everywhere who are desirous of helping us to finish the temple at once. The loving, generous letters continue to come, and we know that the job of finishing the temple will be done soon. We have not heard from the necessary 400,000 yet, but the response already shows us that our friends and well-wishers are legion, and we are hearing from new ones such as the one below every day.

Dear Friends:

I am inclosing one dollar toward the Temple building fund. I only wish it might be more. If I were to send you one dollar for every blessing I have received from the Father since I have known Unity, it would go a long way toward paying the extra amount needed to finish the temple for God has sent His blessings, many, many times. May God bless this small offering and multiply it. Sincerely,

Mrs. A. E. F.

Many blessings and encouraging words have come with the offerings, and many persons have sent much more than the one dollar suggested. Lists of names of contributors to the Temple Fund are being prepared for the cornerstone and are being blessed.

The outpouring of love and gifts is quite inspiring to the Temple Committee and to all workers at headquarters, for it reveals the love and good will that is felt for the Unity work by so many persons everywhere.

Later on a full report on the temple will be given. May God bless everyone who has so generously responded to the call.



Men Like This Healing Book

by

Dr. C. O. Southard

A retired banker who had successfully dealt with material things all his life naturally turned to the material help of his physician when he faced any health problem. However during a recent illness he had delayed to submit to recommended hospitalization and treatment.

When he was offered a copy of **TRUTH IDEAS OF AN M. D.** he read it eagerly, although he had previously shown no interest in Truth literature. Because this book is written by a physician in language that a layman can understand, the banker began to accept the principles of spiritual healing.

Is there in your home or among your friends a man in need of his true healing? **TRUTH IDEAS OF AN M. D.** can help him, just as it helped the banker. Some of the helpful chapters are:

- A Little Talk about Nerves
- Bridling the Emotions
- Speaking of Colds
- This Miracle of Healing
- Why Grow Old?

TRUTH IDEAS OF AN M. D. is an excellent book on healing to have ready to hand to a friend or to use yourself.

TRUTH IDEAS OF AN M. D. is priced at \$1 a copy.

A Start toward Prosperity

Every one of us feels the desire to live efficiently, to earn an adequate income, and to get the most out of life; but sometimes we do not know where to start or what to do in order to demonstrate prosperity.

Through the Unity Prosperity Bank plan thousands have learned how to make the start that was the beginning of a new and joyous experience in living. They have learned to know that there is an answer to every problem and supply for every need. They have learned how to become receptive to their good.

Send now for YOUR Prosperity Bank. Become a channel through which Truth can bless others and so draw to yourself the good that you desire.

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Please send me a Prosperity Bank and enter a year's subscription for *Daily Word* for each of the persons here named. I will save \$3 for the subscriptions which are to begin at once. I ask the prayers of Silent Unity for my success.

1. Name _____

Street _____

City _____ State _____

2. Name _____

Street _____

City _____ State _____

3. Name _____

Street _____

City _____ State _____

SENDER'S NAME _____

Street _____

City _____ State _____

Please indicate postal zone number, if cities are so divided.



917 TRACY AVENUE • KANSAS CITY 6, MO.

Dear Unity Student:

Beginning in the July issue of GOOD BUSINESS magazine is the new series "Selling by the Book," the success story of one of America's foremost salesmen.

All men and women whose business requires salesmanship and getting along with the other fellow will want to read Alden Stahr's account of how Clinton Davidson learned his selling methods from the One Great Textbook and became the world's champion life-insurance salesman of all time.

Subscriptions ordered now will bring you the first chapter of "Selling by the Book," beginning in GOOD BUSINESS this month. A year's subscription for GOOD BUSINESS is \$1.

Sincerely yours,
Clinton E. Bernard
Editor, GOOD BUSINESS



My Heart Is Like a Mountain Stream

JAMES DILLET FREEMAN

My heart is like a mountain stream
Skipping upon the hills and under
Dark cliffsides, glint of sun and gleam
Of foam, a music and a thunder.

Like a bubbling joy a child runs after,
Welling up like hope, like love, like wonder,
Eternal change, eternal laughter—
O magic flute, O foam flowers flinging!

Through glens of gloom my heartstream breaks
Like light to start far echoes ringing—
Falling upon life's rocks, it makes
A mightier music, sweeter singing.

